

Practical Notes on Nursing.

By the kind permission of Miss Monk, Sister-Matron of King's College Hospital, we are enabled to publish the extremely valuable subjoined Nurses' Order of Work, which is in force at this Hospital. The drawing up of such a table must have meant many months of work, as well as years of practical experience. The table will, we feel sure, from the interest our article on the nursing arrangements at King's College Hospital has aroused, be welcomed by many, although for other hospitals it would, no doubt, have to be modified to suit the requirements of the individual institution, but the enforcement of such a time table tends, no doubt, greatly to the good discipline, and, therefore, to the well-being of the nursing department of a hospital. Another point that we must note is that it tends to equality of training. We often are told by nurses that, in the various wards of the hospital in which they are trained, there is considerable divergence in the arrangement of work, consequent upon the individuality, and the methods of different Sisters. By the institution of a uniform time table, such divergence is reduced to a minimum, and the nursing pupils are no doubt the gainers.

**NURSES' ORDER OF WARD WORK,
King's College Hospital.**

ATTENTION.—Attention to the following order of Ward work, is required of each Nurse as the basis upon which her nursing work is to be built.

BATHS.—TEMPERATURE OF SIMPLE BATHS.

	Water. Degrees.	Vapour. Degrees.	Air. Degrees.
Cold	33 to 65
Cool	65 " 75
Temperate	75 " 85
Tepid	85 " 92	90 to 100	96 to 106
Warm	92 " 100	100 " 115	106 " 120
Hot	100 " 112	115 " 140	120 " 170

Five to ten minutes is long enough to keep a child in a warm or hot bath. Five minutes for tepid bath: temperature never to exceed 98 deg.

BEDDING.—Mattresses, bolsters, and pillows, when sent to the Linen Department, must have affixed to them a label stating the following:—"To be stoved," or "To be stoved and cleaned," or "To be cleaned, or "Can be used again."

BED-LINEN.—A clean top sheet with pillow-cases to be put on each Patient's bed on Monday and Thursday morning, or as otherwise arranged by Ward Sister, counterpanes (except on infectious

beds, or in the case of death) to be changed once in two months.

BED-MAKING.—At 7 a.m. the Night Staff Nurse with a Day Probationer to make beds in front Ward, the Day Staff Nurse with the Night Probationer to do the same in inner Ward, or as otherwise arranged by Ward Sister, provided that each Probationer practises the art of bed-making.

Probationers to do bed-making alternate weeks or fortnightly. A duster being always used to remove crumbs and dust from out of helpless Patients' beds; the remaining Probationers to begin washing Patients.

Staff Nurses are also to wash Patients after finishing bed-making as arranged by Ward Sister.

Bed-making to be finished by 8 a.m.

N.B.—In the Single Wards either the Night or the Day Staff Nurse with a Probationer to make beds as arranged by Ward Sister.

Staff Nurses are to remember that the bed-making and washing of Patients at this hour of the day comes much under their supervision, they must therefore see that the Probationers are properly taught how to handle, make beds and change sheets of helpless Patients, the sheets being loosely *rolled* under Patients and firmly tucked in at sides, bottom and top of bed, drawsheets and macintoshes to be treated in similar manner. They are further to take pains that Probationers be taught how to lift and move Patients, especially those critically ill, and to change with care their personal linen, pillow-cases, etc.

Staff Nurses are also to be vigilant in their supervision of the careful and thorough washing of Patients.

No Patient is to get out to have his or her bed made, or to go to the lavatory without leave.

Patients are to sit on a chair at the bedside wrapped in a blanket while the bed is being made, and are to return to it when finished.

BEEF TEA.—The beef tea to be made by Probationers alternately, as arranged by Ward Sister, care to be taken that the vessel in which it is cooked be kept scrupulously clean.

BLUE BOTTLES AND OINTMENT JARS.—Blue bottles and ointment jars to be refilled between 5.30 and 8 p.m. (oftener if necessary) by Probationers as arranged by Ward Sister.

B. P.'S.—B. P.'s to be undertaken by Probationer of each Ward, Staff Nurse assisting when necessary.

By Day Nurses at 9 a.m., 1 p.m., and 6 p.m., and when required.

By Night Nurses when required, and at 5.30 a.m.

(To be continued.)

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